

## **Here is a listing of supports available to families in our communities:**

### **Strathcona County:**

#### Strathcona County Family & Community Services:

There are three main branches of FCS:

- **Solution Navigation** can offer financial support, referrals to other services, help with applications for services and more.
- **Counselling** is available on a sliding fee scale (from \$0 to \$150). They will never turn anyone away if you are not able to pay.
- **Family Resource Network** offers support for parents with children aged 0 -18 years.

All services can be accessed by calling 780-464-4044 or stopping by in person at 401 Festival Lane (2nd floor). More info can be found on their [website](#).

#### bgc Sherwood Park:

- A variety of programs available. More info [here](#).
- The CanTeen Youth Hub is available for youth Grade 7 and up from 10 am - 9 pm.
  - Located at #123 - 2016 Sherwood Park, Park Centre and Hotel.

### **Fort Saskatchewan:**

#### Family and Community Support Services of Fort Saskatchewan:

- A variety of supports and programs available including counselling (sliding fee scale) and Youth Outreach Worker.
- Contact the FCSS Intake Line: 780-992-6267. More info on their [website](#).

#### The Bridge:

- A variety of drop in programs as well as appointments for young people 11 - 25 years of age.

- Located at Suite #2, 10307 100 Ave, Fort Saskatchewan.
- More info available [here](#) and by calling 780-589-0224.

## **Camrose:**

### Camrose Family Resource Centre:

- Programs, support and services for children aged 0 - 18 years, and their caregivers.
- For more info, call 780-672-0141 or visit their [website](#).

### Family and Community Support Services:

- A variety of services and supports available.
- More info [here](#).
- Call 780-672-0141 to access services.

### The Open Doors:

- A variety of programs and wellness supports.
- More info [here](#)
- To access services call 780-679-6803 or visit in person at 4707 56th Street, Camrose.

## **Vegreville**

### Vegreville Family and Community Support Services:

- A variety of services and supports.
- For more info call 780-632-3966 or visit their [website](#).

Vegreville Community Health Centre:

- A variety of services including child, youth and family mental health therapy, and drop-in mental health
- More info by calling 780-632-3331 or visiting in person at 5318 50 Street, Vegreville.

**For Crisis Support for Children and Youth (all communities):**

- **Alberta Health Services Children's Mental Health Crisis Line/Crisis and Stabilization Team (CAST), Edmonton Zone:** (780) 407-1000. Crisis support for children and youth aged 5-17 and their caregivers, 8:30 am - 11:30 pm everyday.
- **Alberta Health Services Mental Health Help Line (Province Wide):** For other zones, call the general AHS Mental Health Help Line 24/7 line at 1-877-303-2642. This is a confidential service that provides support, information and referrals to Albertans experiencing mental health concerns.
- **Suicide Intervention Support:** Call or text 988.
- **Kids Help Phone:** Get support by texting CONNECT to 686868, or calling 1-800-668-6868.
- **To report a suspicion of child abuse:** Call the Child Intervention Provincial Intake Line at 1-800-638-0715 (24 hours a day).