



Wellness Consultant

INTRODUCTION

Through inclusive practices inspired by the Gospel, Elk Island Catholic Schools welcomes all students and provides equal opportunities for students to achieve success according to their unique strengths. Elk Island Catholic Schools is firmly committed to providing authentic and engaging learning opportunities for ALL students.

Working closely with the Assistant Superintendent, Faith and Wellness, the Wellness Consultant will demonstrate a passion for health and wellness as well as strong communication, leadership, presentation and interpersonal skills.

The Wellness Consultant will demonstrate a commitment to Catholic education through integrating faith into projects and initiatives. The Wellness Consultant will also work with Central Learning Services staff, school administrators, professional learning communities, teachers and community organizations to support the division Wellness goals.

The Consultant's role will be to:

- Work collaboratively with CLS staff, school leadership and school staff to advocate for and improve wellbeing for staff and students.
- Advocate for, promote and model a holistic view of health and wellness.
- Create, implement and monitor strategies that support positive mental health, positive nutrition environments and active living, using a comprehensive school health approach.
- Develop and facilitate professional development opportunities.
- Coordinate, lead and support School Health Champions.
- Oversee and support Student Wellness Action Groups, and Connections culture initiatives.
- In consultation with the Assistant Superintendent, Faith and Wellness, create and implement new administrative procedures and update existing policies that support wellness in our division.
- Report and evaluate the success of projects.
- Host the annual Faith and Wellness Day.
- Engage and collaborate with community groups. (Alberta Health Services, Elk Island Public Schools, Ever Active Schools, ASEBP etc.)