Community Supports for Families Who Have Recently Immigrated to Camrose

https://www.eics.ab.ca/parents-and-students/new-to-the-district



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<u>Camrose Library</u> - Newcomer Corner

Location: 4710 50 Ave, Camrose, AB T4V 0R8

Contact Information: (780) 672-4214

Supports: Free resources to help you learn more about your new community, including:

Family Resource Centre information

Home Support

Out of School Care

Pre-School Society

- Rural Community Programs
- Volunteerism

<u>Camrose Family Resource Centre</u> (click on link for more information)

Location: #3 Community Centre, 4516 54th Street, Camrose, Alberta T4V 4W7

Contact Information: (780)672-0141

Supports: The Family Resource Link Centre provides support, programs, and resources to families in the City of Camrose. They provide programs that focus on parent education, early childhood development, information and referral, and family support. Some of these programs include:

- Drop In Indoor Playground
- Developmental Screens using ASQ &
- ASQ-SE
- Facilitated playgroups information and referral
- Resource Library
- Toy Library
- Taking Action on Bullying

- Parent Workshops
- Triple P Parenting Seminars
- PLAY Van (Parent Link Access For You)
- Bike and Trike Sale
- Halloween Monster Mash

Camrose & Area Adult Learning Council (click on link for more information)

Location: #7, 5000-51 avenue (end of Main Street), Camrose, Alberta, T4V 0V6

Contact Information: (780)678-6480

Supports: The program is designed to correspond directly to student needs, and to make sure that everything learned in class is relevant and useful. The 14 week program is now offered right here in our Camrose Adult Learning Council classroom.

- LINC(Language Instruction for Newcomers to Canada)
- This free program serves learners who are permanent residents or Citizens of Canada residing in Alberta.
- Mondays & Wednesdays from 9:00 a.m. 12:00 p.m.

Building Blocks Program for Families and Day Home

Location: #7, 5000-51 avenue (end of Main Street), Camrose, Alberta, T4V 0V6

Contact Information: (780) 672-8754

Supports:

- Building Blocks is a family literacy program that provides early learning techniques and parenting support to families with children aged 6 and under.
- Adults and children work together at the child's developmental level, in enjoyable, fun activities that the facilitators provide in 10- 1 hour sessions.
- The program shows parents how to create a literacy rich environment using everyday materials that they have at home.

OSCAR Out of School Care Program

Location: Second Floor, #3 Camrose Community Centre, 4516 – 54 Street Camrose AB T4V 4W7

Contact Information: (780) 672-0141

Supports:

- The OSCAR Child Care Society is a registered Non-Profit Society and a licensed after school care program.
- They provide care for children registered in school that are 4 1/2 12 years old.
- The OSCAR program is staffed by qualified child care professionals with a staff to child ratio that is usually lower than the Alberta Child Care licensing regulations of 1:15.

Edmonton and Area Supports

Catholic Social Services

Location: 8212 – 118 Avenue, Edmonton, T5B 0S3

Phone: (780) 424-3545

Supports: We offer support for the settlement of immigrants and refugees as well as provide counselling that strengthens individuals and families, helps recovering addicts and supports women facing crisis pregnancies.

- Learn about health, social, and community services
- Prepare for your children's success in school
- Understand forms and applications
- Learn how to sponsor a family member
- Assess your English language level
- Find the right English school or program
- Practice your English
- Plan vour education and career path

- Find a job
- <u>Volunteer</u>
- Connect with your cultural or faith community
- Learn about Canadian culture
- Prepare for the Canadian Citizenship test
- Learn about parenting in Canada
- Manage your personal and family challenges

Edmonton Immigrant Services Association (EISA)

Location: Suite #201, 10720-113 street, Edmonton, T5H 3H8

Phone: (780) 477-0883

Support: EISA exists in order to provide programs and direct services relating to Integration, Settlement, Adaptation and Education for new immigrants, refugees and first generation Canadians in Edmonton and surrounding areas regardless of age, gender, religion, nationality or ethnic origin to assist them make a smooth transition into Canadian life.

- Information and orientation
- Support Services translation, interpretation and commissioner for oaths services
- Youth settlement services
- English as Additional Language Class

^{*}click on the links for more information

Edmonton Mennonite Centre for Newcomers (click on link for more information)

Location: Suite #201, 10720-113 street, Edmonton, T5H 3H8

Phone: (780) 462-6924

Support: - This immigrant settlement agency focuses on the successful and integrative settlement of newcomers to Edmonton. There are resources for employment, language instruction and parenting.

- Employment Services
- English Language Class
- Settlement Services
- Connecting to the Community

Multicultural Mental Health Resource Centre

Website: http://www.multiculturalmentalhealth.ca/services/

Support:

The Multicultural Mental Health Resource Centre (MMHRC) seeks to improve the quality and availability of mental health services for people from diverse cultural and ethnic backgrounds, including immigrants, refugees, and members of established ethnocultural communities. Addressing issues of language, culture, religion and other aspects of cultural diversity can promote greater equity in mental health care.

• Booklet: Growing Up in a New Land: A Guide for Newcomer Parents

Useful Links

Government

- Provincial Government Mayor: Norman Mayer, MLA: Bruce Hinkley, MP: Kevin Sorenson
- Alberta Works
 Assistance with unemployment and finding jobs, finding skilled workers and helping Albertans with low incomes cover their basic costs of living.
- Association of Alberta Registry Agents
 Information about Alberta registry agents, including office hours, office locations and their available registry services (Road Tests, Commissioner for Oaths, Corporate Registries, etc). Search by registry name, city or postal code Includes distance calculator.
- Government of Alberta My Alberta Supports
 This tool helps you determine whether you are eligible for various assistance services related to childcare, employment, disabilities, and more.

Community Supports

Youth Services

- Boys & Girls Club provides a variety of program for youth.
 - Location: Camrose Community Centre, 4516 54 Street
 - o Phone: (780) 672-8004
 - Website: Boys & Girls Club of Canada
 - Kids Way After School Program, Youth Mentor Program, and Keystone Teen Leadership

Affordable Housing

- The Bethany Group
- Food Bank Neighbour Aid
- Utility Service Providers

Health Services

- Healthy Living Centre
- Camrose Primary Care Network
- Alberta Health Services

| City Centre Walk in Clinic 4825 - 51 Street Camrose, Alberta T4V 1R9 | P 780.672.2425 NO appointment required. |
|---|---|
| Gemini Health Medical Clinic #2010, 6708 - 48 Avenue Camrose, AB T4V 4S3 | P 780.672.9850 F 780.672.9104 |
| Smith Clinic #1, 6601 - 48 Avenue Camrose, AB T4V 3G8 | P 780.672.2423 F 780.679.2668 |

Learning English

For students in kindergarten up to grade 6

| http://www.uniteforliteracy.com Dual Language book collection written in English and the audio is in English and 40 other languages. | STREET FOR THE PROPERTY OF THE |
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| https://globalstorybooks.net/ Dual language book collection written in English and 18 other languages. | Control formats And the second secon |
| https://www.duolingo.com/ This online English program is designed to help children learn a second language. The program can be access through the website or on an app. | |
| http://learnenglishkids.britishcouncil.org/en Website to help kids build English language skills through games, songs, stories, and activities. | |

For students in grade 7 up to 12

| For students in grade 7 up to 12 | |
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| http://www.learningchocolate.com/ This interactive website has a wide range of interactives that students can use to practice their English language skills. | |
| http://learnenglishteens.britishcouncil.org/ Website to help teens improve their English with reading, writing and listening practice, tips for exams, grammar and vocabulary exercises, games and videos. | |
| https://www.lingohut.com/en/esl/ This website has over 100+ lessons to help you learn to communicate in English. Every lesson includes a variety of games, pronunciation tools, flash cards, and listening activities. Lessons are available to take any time of day online. | Free French lessons Similar of Surfaces o |
| https://www.englishgrammar101.com/ This site is focused on English language and improve writing with online grammar lessons. Select from any of the modules to start an engaging and easy-to-follow exercise. | Part of Congress o |